



The Lancing and Sompting Churches FoodBank is

OPEN for those in need on:

MONDAY - Lancing Tabernacle 10.30-12

TUESDAY - Sompting Big Local 10-12.30

THURSDAY - Lancing Family Centre 10 - 12.30



If you, or someone you know is in need

CONTACT US:

Lancing and Sompting Food Bank

Phone/Text 07719 196735 or

Phone 01903 753660

or Google Lancing Foodbank and send an email
via www.lancingandsomptingfoodbank.org.uk