

WELCOME TO LANCING TAB



Both sermons today are online

Speaker – Richard Brunton
Mark 13 'End Times'

All activities at the Tab are cancelled until further notice. We are hoping that everyone will keep in touch with each other via their Pastoral Groups. Also, if you have any news, notices, ideas or items of encouragement that we can share in Tab News, please email news@lancingtab.org by 12noon on Wednesday

Songs of the Week

Each week we will be suggesting two songs you might like to listen to or use as part of your devotions. Click on the links below.



I will say - Lou Fellingham



Great Your Faithfulness - Martin Smith

Food Bank (An update from Mark and Linda)

A lot of work has been taking place to support the rising demand without meeting people face to face and without much food! As far as possible we are switching over to distribution of supermarket vouchers by post in order to keep everyone safe. This is complicated as we've had to include a system for receipts to be returned to ensure than the money is spent wisely. Occasionally food bags are being collected or delivered with distancing rules being complied with! Please pray for those dealing with the flood of incoming requests for help. It is emotionally draining for them at the front line when so many callers are vulnerable and frightened. Keeping the Food Bank going is proving to be very much a community effort. We are grateful for the support of Electric Storm Youth (deliveries), our gallant bag-packers working one at a time at the Children's Centre, the Lions for funding vouchers and many others. Please pray for the new system to be effective, that the team my remain strong and well and that needs will be met.

News of the fellowship

New Address
John, Loredana and Emma Manea have now moved to:
5B Third Avenue, Lancing BN15 9PU

Gill Coomber's husband, Kelvin, saw his Oncologist last week. Please pray for him as he will now be seeing a specialist for radiotherapy. Gill also asks for your prayers as they are now unable to visit her Mum because of the current restrictions.

Useful Resource Links

Let us know if you find any resources that others might find useful. This one provides free audio books for children and teens while schools are closed. Audible Stories from Audible.com



To email the church: info@lancingtab.org
Tab News items: news@lancingtab.org
(Please email by 12noon on Wednesday)
Website: www.lancingtab.org
Facebook: 'lancingtab'