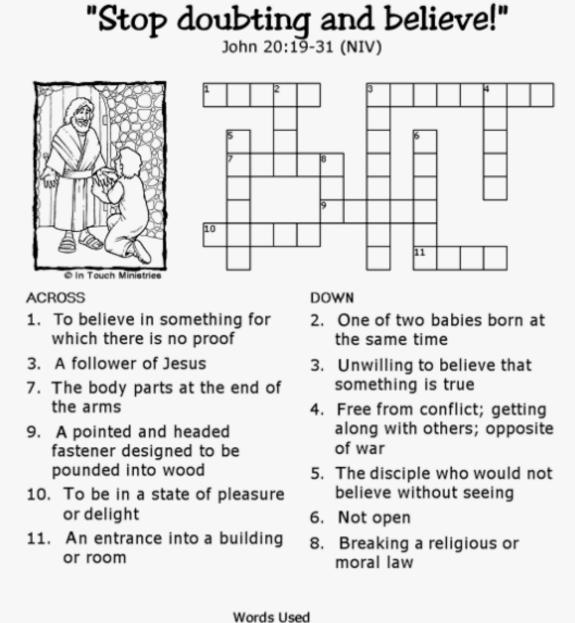




- 1. Fold a piece of A4 paper or card.
- 2. Place your hand on the paper so that it is just over the fold.
- 3. Draw round your hand.
- 4. Cut out your hand being careful not to cut along the fold
- 5. Open out the hands and decorate the palms with hearts to remind you about the love Jesus showed for us when he was nailed to the cross.
- 6. Write an encouraging message and send it to someone you know,

7. or write names on the hands and use it when you pray for those people.



words Used			
door	sin	Thomas	nails
closed	hands	happy	disciple
peace	doubting	faith	twin